

Autism South Africa

2023

Training Menu

Autism South Africa offers a range of contextual, relevant and practical courses for professionals who work with autistic children, teens and adults.

CPD points apply.

Autism South Africa does offer onsite training at your school or organisation



Course outlines and costs for 2023



Hands-on-Autism

Brief outline – In-person course

Hands-on-Autism (HoA) has been designed to provide affordable, practical and experiential autism specific training to teachers, therapists and classroom assistants.

Topics include:

Autism – what it is and the latest research; the legal framework and policies in South African education; how to work with and support the autistic learner – all support levels; communication, sensory and behaviour strategies; and professional wellness and working with parents. (Practical and theoretical components)

Duration

Five consecutive days

Costs per person

R4250 per person

A minimum of 10 people must be registered for a course to go ahead

For travel to your venue further than 25km, a flat rate of R5/km will be charged.

CPD points

SACE – 15 CPD points

HPCSA - Level 1, 21 Clinical, 2 Ethics CPD points



For a quote, for further information and/or to register:

Call: 011 484 9909

Email: admin@autismsouthafrica.org
claudia@autismsouthafrica.org

Visit:

<https://aut2know.co.za/hands-on-autism-face-to-face.../>



Hands-on-Autism

Brief outline – Online

Hands-on-Autism online was designed to provide accessible autism specific training to teachers, therapists and classroom assistants during the COVID-19 pandemic. The course is still available.

Topics include:

The topics are the same as the in-person course. Assessment takes place in the form of quizzes after each topic, and assignments for selected topics. Practical component: You are required to create a concrete independent workstation task and to submit photographs of your work. You will get the resources for one paper task and one practical task delivered to you.

Duration

30 hours of self study. You will have 6 months to complete the course.

Costs per person

R2250 per person

CPD points

SACE – 15 CPD points

HPCSA - Level 1, 21 Clinical, 2 Ethics CPD points



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Autism South Africa

2023

Workshops

Autism South Africa offers a range of workshops. You may request a combination of workshops to suit your specific requirements

CPD points apply.

Autism South Africa does offer onsite training at your school or organisation



Workshops outlines and costs for 2023



Autism in the ECD Classroom

Brief outline

This is a two day workshop which covers some of the same topics as in the Hands-on-Autism 5-Day course, however there is more focus on the ECD classroom.

Topics that are covered in this workshop are:

1. Introduction to autism
2. Sensory Strategies
3. Communication Strategies
4. Behaviour Strategies

Duration

Two full days

Costs per person

R1700 per person

A minimum of 10 people must be registered for a course to go ahead

For travel to your venue further than 25km, a flat rate of R5/km will be charged.

CPD points

SACE – 15 CPD points

You must attend both days to get your CPD certificate.



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Intro to Autism

Brief outline

1. Brief history of autism
2. What is autism?
 2. Signs
 3. Causes
3. The movement perspective
4. Autism facts and myths
5. Strengths
6. Terminology use
7. Neurodiversity
8. Presuming competence
9. Co-Occurring conditions
10. Executive Functioning

CPD points

SACE – 5 CPD points

HPCSA - Level 1, 2 Clinical CPD points

You must attend the full workshop to get your CPD certificate.



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Toilet Training Tips

Brief outline

1. Typical development of toilet training in toddler
2. ASD and toilet training
3. Strategies to manage toilet training with ASD including:
 - a. When to start
 - b. Visual thinkers/learners
 - c. Schedules
 - d. Toilet generalisation
 - e. Sensory issues and toileting
 - f. Social Stories
 - g. Regression
 - h. Centre-based toilet training

CPD points

SACE – 5 CPD points

HPCSA - Level 1, 2 Clinical CPD points

You must attend the full workshop to get your CPD certificate



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Dysregulated Behaviour

Brief outline

1. What is dysregulation?
2. Dysregulation and communication
3. Tracking and understanding dysregulation
4. Meltdowns, shutdowns and overload
4. What's the difference between a meltdown and a tantrum?
5. Prevention
6. How to respond?
7. The Low arousal approach?
8. Coping with dysregulated behaviour

CPD points

SACE – 5 CPD points

HPCSA - Level 1, 2 Clinical CPD points

You must attend the full workshop to get your CPD certificate



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Sensory Differences and Autism

Brief outline

1. What is the sensory system?
2. How do our senses help us?
3. How do our senses let us down?
4. How to support an individual with sensory differences?

CPD points

SACE – 5 CPD points

HPCSA - Level 1, 2 Clinical CPD points

You must attend the full workshop to get your CPD certificate



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Golden Tips for an Autism Friendly Classroom

Brief outline

1. Why should we have an autism friendly classroom?
2. Brief overview of autism.
3. Routine, structure and predictability
4. Fidgets and more
5. Body movement
6. Transitions
7. Regulation
8. No more reward charts
9. Flexibility
10. Presuming competence

CPD points

SACE – 5 CPD points

HPCSA - Level 1, 2 Clinical CPD points

You must attend the full workshop to get your CPD certificate



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Workshop duration and costs

Capacity

A **minimum of 10 people** must be registered for a workshop to go ahead.

Duration

The workshops are **3 hours** long. They are interactive, and sufficient time is allowed for breaks and discussion.

Costs per person

R450 per person, per workshop

For travel to your venue further than 25km, a flat rate of R5/km will be charged.

Tailoring a combination of workshops

You can combine 2 or more workshops into a full day (or more) of training.

For example: Intro to Autism, Sensory and Dysregulated behaviour. These requests will be quoted separately on request.



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